

# 9

# How Adventurous Are You?

## Language in Context

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I will learn to talk about the taste of food.



Have you ever wondered about the food you eat? Read the fun facts about food. Guess the correct answers. Then listen and check.

- 1 Refried beans are fried
  - a once.
  - b twice.
  - c three or more times.
- 2 The first soup was probably
  - a hot vegetable soup.
  - b cold fruit soup.
  - c hippopotamus soup.
- 3 The ingredient that makes one popular junk food pop in your mouth is
  - a just air.
  - b carbon dioxide.
  - c sugar.
- 4 Ice cream is actually
  - a Indian food!
  - b Italian food.
  - c Chinese food.
- 5 Blueberries
  - a may help your memory.
  - b may help your hearing.
  - c may cause permanent tooth discoloration.



134  
2

Choose two adjectives from the box to describe each food. Then listen and check.

cold   delicious   different   good   hot   popular   pretty   raw  
sour   spicy   sweet   tasty   terrible   traditional   unusual



Spanish Soup

\_\_\_\_\_

\_\_\_\_\_



Chinese Soup

\_\_\_\_\_

\_\_\_\_\_



Japanese Seafood

\_\_\_\_\_

\_\_\_\_\_



Greek Seafood

\_\_\_\_\_

\_\_\_\_\_



Moroccan Dish

\_\_\_\_\_

\_\_\_\_\_



Indian Dish

\_\_\_\_\_

\_\_\_\_\_



Italian Dessert

\_\_\_\_\_

\_\_\_\_\_



Philippine Dessert

\_\_\_\_\_

\_\_\_\_\_

3

Point to the foods in 2. Ask and answer with a partner.



Do you like cold soup?

Yes, it is. It's very popular in Spain!

I haven't eaten cold soup before! Is it spicy?

I love spicy food! I'll try it.



What traditional foods do you know? Can you describe their taste? How adventurous are you about food?

I will understand a text about adventures.



Listen and read. Where is “ugali” from?

## HIGH ADVENTURE at HIGH ALTITUDES

by Phil Steadman

Explorer Gilda Navarro updates us on her attempt to climb the Seven Summits – the highest mountain on each of the world’s seven continents.



**Phil Steadman:** Good morning, Gilda. Thanks so much for talking to us today. I know you’re busy preparing for your next mountain adventure.

**Gilda Navarro:** Of course, Phil. It’s always a pleasure. I could use a break, anyway!

**Phil:** You certainly have been busy over the last two years.

**Gilda:** Yes, you could say that!

**Phil:** For our listeners who may not know, over the last two years you’ve climbed six of the world’s seven tallest mountains. That’s amazing for such a short period of time. I get tired just thinking about it!

**Gilda:** My dad always says I have a lot of energy.

**Phil:** That’s certainly true! When we last spoke, you were getting ready to climb Mount Kilimanjaro, in Africa. What was it like?

**Gilda:** That was a great one. Well, they’ve all been great. Mount Kilimanjaro isn’t the highest of the Seven Summits. It’s actually number four. It’s 5,895 meters high, and it’s located in Tanzania.

**Phil:** I see. How long did it take you to climb it?

**Gilda:** It took me and my team a full seven days to climb that one.

**Phil:** Wow. What did you eat during the climb? Was it local Tanzanian food?

**Gilda:** Not really. We had pasta, rice dishes... normal things.

**Phil:** So the food wasn’t as adventurous as the climb, was it?

**Gilda:** Oh, we had a lot of delicious local food after we got back. There’s a tasty Tanzanian food called ugali. Have you ever heard of it?

**Phil:** No, I haven’t. Is it spicy?

**Gilda:** No, ugali is plain by itself. It’s made of corn. It looks a little like mashed potatoes. You roll up some ugali in a ball, and you dip it in stew.

**Phil:** That sounds like good comfort food.

**Gilda:** Yes, I've tried different kinds of food everywhere. I'm pretty adventurous about food, I think.

**Phil:** What about your next climb?

**Gilda:** We're getting ready for our last mountain. And we've saved the best for last.

**Phil:** Mount Everest?

**Gilda:** That's right. It'll take us a few weeks to climb Everest.

**Phil:** Is that because it's so high?

**Gilda:** Well, yes. To climb Mount Everest, you have to stop at several different places and let your body get used to the altitude. If you don't, you'll be in big trouble!

**Phil:** I bet! I have one more question. Imagine you had to choose from one of these: going mountain climbing or going on an all-expenses-paid trip to a gorgeous tropical beach. Which one would you rather do?

**Gilda:** That's the world's easiest question. I'd rather go mountain climbing! There's nothing better.

**Phil:** Spoken like a true adventurer! Gilda, thank you for spending time with us. Good luck with that last summit.

**Gilda:** Thanks so much. It was fun talking to you.



## Reading Comprehension

**5** Read and say **true** or **false**.

- 1 Gilda Navarro has climbed the world's seven highest mountains.
- 2 Mount Kilimanjaro took Gilda less than a week to climb.
- 3 Gilda and her group ate local Tanzanian food after their climb.
- 4 Mount Everest takes weeks to climb to allow time for adjustment to the altitude.



Do you want to climb a mountain? Why/Why not?

# Language in Action

I will listen to a dialog about going to a concert.

138  
6

Listen and read. Why is Abigail *really* going to go to the concert with her dad?

**Dad:** Abigail, there's a concert down at the Arts Center weekend. Do you want to go?

**Abigail:** What kind of concert?

**Dad:** It's classical music. You know... Mozart, Beethoven.

**Abigail:** Classical music? Uh, no thanks. I'd rather stay at home.

**Dad:** Come on! Have you ever been to a classical music concert?

**Abigail:** Well, no... I haven't. But I don't think I'd like it.

**Dad:** That's a pity because the Arts Center is giving free Boys Town concert tickets to the first 25 people who come that night.

**Abigail:** What? The Boys Town concert? I think I've changed my mind.

**Dad:** Oh, really? Why?

**Abigail:** Well, Dad, I've never been to a classical music concert before. I might like it. Let's make sure we get there early, OK?



7

Practice the dialog in 6 with a partner.

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8

Listen and stick. Then complete the sentences with the correct form of the verb from the box.

be   learn how   study   try

- |   |  |                                       |  |
|---|--|---------------------------------------|--|
| 1 Jason has never _____<br>to skateboard. | 2 Claire has never _____<br>to a water park. | 3 Sally has never _____<br>Thai food. | 4 Allie has never _____<br>another language. |
|---|--|---------------------------------------|--|

# Grammar

**I will learn to** use the present perfect with *ever* to talk about experiences.

**I will learn to** express preferences using *would rather*.

**Have** you **ever been** to a concert?

Yes, I **have**./No, I **haven't**.

**Has** he **ever been** skydiving?

Yes, he **has**./No, he **hasn't**.

**9** Complete the questions. Then make answers.

- 1 Have you ever \_\_\_\_\_ a horror movie? (see) \_\_\_\_\_
- 2 Have you ever \_\_\_\_\_ skydiving? (be) \_\_\_\_\_
- 3 Have you ever \_\_\_\_\_ on a stage? (perform) \_\_\_\_\_
- 4 Have you ever \_\_\_\_\_ sushi? (eat) \_\_\_\_\_

**Would** they **rather** play soccer or watch it?

They'd **rather** play soccer.

**10** Look at the survey. Complete the questions. Use **would** and **rather**. Then make answers.

- 1 \_\_\_\_\_ play video games or go skateboarding?  
She'd \_\_\_\_\_
- 2 \_\_\_\_\_ write a story or play chess?  
\_\_\_\_\_
- 3 \_\_\_\_\_ visit a museum or create a sculpture?  
\_\_\_\_\_

## Student Interest Survey

Dear Student,

We're putting together an after-school program and we want your input!

Please check all activities that interest you. Thanks!

Name: Chloe Harrison

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> Baking                         | <input checked="" type="checkbox"/> Sculpture | <input type="checkbox"/> Chess                    | <input type="checkbox"/> Video game competition |
| <input checked="" type="checkbox"/> Short story writing | <input checked="" type="checkbox"/> Fishing   | <input checked="" type="checkbox"/> Skateboarding | <input type="checkbox"/> Visiting museums       |

I will learn about the effects of adrenaline.

## CONTENT WORDS

adrenal glands    adrenaline    air    cells    heart    hormone  
lungs    oxygen    prehistoric    protect    release    stress



Listen and read. What happens when you're scared?

# Fight or Flight

Have you ever watched a scary movie and felt like your heart was going to jump out of your chest? If so, then you were probably feeling the effects of adrenaline. Adrenaline is an important hormone which is produced by your body. Hormones give important information to different cells. When you get scared, your body sends out adrenaline in order to get itself ready to fight something scary or to run away from it. That's why adrenaline is sometimes called the "fight or flight" hormone.

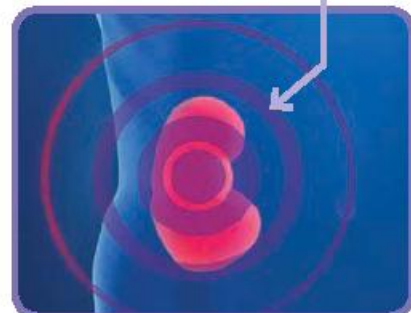
The release of adrenaline in your body gives you an extra boost of energy. Blood rushes to your muscles, so your heart starts beating quickly. Air moves rapidly into your lungs, so you breathe quickly and send oxygen around your body faster. These are normal reactions to fear or stress. What's happening in this situation? This reaction lasts just long enough to make you feel stronger and faster and help you deal with a difficult situation. Your body has tried to protect you.

Humans have felt the effects of adrenaline since prehistoric times. However, the official discovery of adrenaline was only made in 1900. But since even before that there have been many stories of people who have used "superhuman" strength in order to save another person's life.

We feel the effects of adrenaline on a day-to-day basis. In most cases though, the effect is not so dramatic. For example, imagine you're riding on your bike and someone steps out in front of you. Quick! What do you do? Your brain makes a fast decision to get out of the way, and the release of adrenaline helps your body move more quickly.

So next time you ride a roller coaster, watch a scary movie, or get nervous before a race, pay attention to how your body reacts. You'll probably be feeling the effects of adrenaline at work.

Adrenaline gets into your cells from your adrenal glands, located at the top of your kidneys.



Look at 11. Read and say true or false.

- 1 When adrenaline is released into your body, the heart beats less quickly.
- 2 "Superhuman" strength is caused by adrenaline in the body.
- 3 An adrenaline reaction always lasts a very long time.



Which activities make you release the most adrenaline?

I will learn about extreme sports.

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13

Listen and read. Why is it called *High Adventure*?

## CONTENT WORDS

aerialist antenna board competitive diver  
extreme sports parachute professional  
risk tightrope trick

# High Adventure!

We have done extreme activities for centuries. Many cultures have encouraged extreme examples of strength or daring. Let's look at some extreme sports.



## 1 Cliff diving

Competitive divers dive off boards that are between 3-meters and 10-meters high. But what about diving off the side of a cliff? The La Quebrada Cliff Divers are professional cliff divers. They dive into the ocean from 38 meters above – head first. There has been a group of professional La Quebrada cliff divers since 1934.

## 2 BASE jumping

Have you ever wanted to fly? Arnan Firman jumped from a tower in Cordoba, Spain, covered in feathers. BASE jumpers begin by standing at the top of a very high place – BASE stands for Buildings, Antennas, Spans (bridges), and Earth (cliffs). They then take a free jump down, using a small parachute to slow their fall.

Some people love taking extreme risks. Would you try?

## 3 Tightrope walking

The Frenchman Charles Blondin was the first acrobat to walk a tightrope across Niagara Falls. He crossed the Rainbow Bridge in 1859. Today, the Flying Wallenda Family are aerialists who do tricks high up in the air.



14

Look at 13. Read and match with paragraphs 1–3.

☐

They are a talented family.

☐

Someone did this covered in feathers.

☐

They have had a club for many years.

THINK  
BIG

Why do you think that some people enjoy extreme sports?

# Writing | Description: Experience

I will learn to write a descriptive paragraph about myself.

**15** Read the paragraph, then copy and complete the chart about it.

describes  
main idea  
in topic  
sentence

provides  
specific  
examples  
and details

ends with a  
summary of  
the topic

I'm a pretty adventurous person in some ways. I love to hike and enjoy hiking on new trails. However, I have always been afraid of heights. This is something that I'm trying to change about myself because in the future I want to hike up a mountain and mountains are high! To challenge myself, I've been on the highest roller coasters at the local amusement parks. They were scary but fun! Also, last year when I went to Paris, I went on the tour that takes you up to the top of the Eiffel Tower. It was a little scary, too, but the view from the top was amazing! I may not like heights, but I do like adventures. And I know one day I'll lose my fear of heights and I'll go and climb that mountain!

– by Stella



## How Stella is adventurous and willing to try new things

Example:

Example:

**16** Now choose two ways you are adventurous and willing to try new things from the box. Use them to write a descriptive paragraph about yourself in your notebook.

Clothes   Food   Hobbies   Making New Friends   New Places

## I am adventurous and willing to try new things

Example:

Example:

**17** Share your descriptions with the class. Who is the most adventurous?

# Life Skills | Explore your surroundings.

**I will learn to** talk about exploring my surroundings.

- 18** Answer the questions in your notebook. Then interview a partner and record the answers.

Have you ever...?	Me		My Partner	
	Yes	No	Yes	No
been to an art show at a local museum				
danced at a local festival or celebration				
helped clean up an area in your community				
seen or talked to the mayor of your town				
volunteered to work with younger children				
visited a local farm				
attended a concert or movie at a local park				
had a picnic at a local park				
been swimming at a public beach or pool				
visited someone at a nearby care home				
been to a sports event at another school				
been hiking or camping near where you live				



## Project

- 19** Find pictures to make a collage of the things you could explore in your community.



In my community, there are many parks and a lake, too. I've never fished in it, but I've been swimming there. I plan to visit a local farm. I've visited a care home and plan to do it again soon!



# Listening and Speaking

I will review the sounds *ft*, *ct*, *mp*, and *sk*.

I will learn to talk about preferences and experiences.

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20

Listen, read, and repeat.

1 **f-t ft**      2 **c-t ct**      3 **m-p mp**      4 **s-k sk**

146  
21

Listen and blend the sounds.

1 l-e-f-t left      2 f-a-c-t fact      3 c-a-m-p camp  
4 r-i-s-k risk      5 r-a-f-t raft      6 l-a-m-p lamp

147  
22

Listen and chant.

It's a fact that  
Sailing at night  
On a raft,  
Without a lamp,  
Is a risk!



23

Do a survey. On your own, complete each question in your notebook by writing two activities. Then work in groups of four. Take turns asking your questions. Record the answers.



Would you rather go on a roller coaster or ride a horse?

I'd rather ride a horse.  
Roller coasters scare me!



Would you rather...?	Student 1	Student 2	Student 3
go on a roller coaster or ride a horse			
or			

24

In your group, ask and answer about the activities in your survey.



Have you ever ridden a horse?

No, I haven't.  
But I'd like to try.



# Review

**25** Complete the sentences with the words from the box. Then answer the questions.

delicious    spicy    terrible    traditional    unusual

Last night, my family tried a new restaurant in the city. It serves <sup>1</sup>\_\_\_\_\_ Indian food. My older sister thought the food was too <sup>2</sup>\_\_\_\_\_ and started to cough. My brother thought it was so <sup>3</sup>\_\_\_\_\_ that he ordered more. My little sister thought it was <sup>4</sup>\_\_\_\_\_ and asked for a peanut butter sandwich. My Aunt Millie tried a dessert that she'd never had before. She said it was very <sup>5</sup>\_\_\_\_\_, but she would order it again.



- 1 Would her older sister rather eat more or **have a glass of water**?  
\_\_\_\_\_
- 2 Would her brother rather not come **back or come back** often?  
\_\_\_\_\_
- 3 Would her little sister rather **have more Indian** food or have something else to eat?  
\_\_\_\_\_

**26** Answer the questions. **Add a sentence** that gives additional information.

- 1 Have you **ever eaten Indian** food?  
\_\_\_\_\_
- 2 Have you **ever tried a** new food and loved it?  
\_\_\_\_\_
- 3 Have you ever made dinner at home for your family?  
\_\_\_\_\_

## I Can

• use words to describe food.

• talk about experiences using the present perfect and ever.

• use *would rather* to talk about preferences.

• write a paragraph about my experiences.



# Checkpoint | Units 7-9

How well do I know it? Can I use it?

1 Think about it. Read and circle. Practice.



I know this.



I need more practice.



I don't know this.

<b>Gadgets (old and new):</b> instant camera, games console, cell phone...	<b>Pages</b> 85	
<b>Materials:</b> rubber, wool, cotton...	97	
<b>Products:</b> blankets, tires, T-shirts...	97	
<b>Adjectives:</b> delicious, spicy, unusual...	109	
What's it/was it <b>used for</b> ? It's <b>used for</b> /was <b>used for</b> reading./It's <b>used to</b> /was <b>used to</b> read.	89	
It <b>may</b> be a mirror. It <b>might</b> be a headset.	89	
That plate <b>is made</b> of clay. The first tires <b>were invented</b> in the U.K.	101	
<b>Have</b> you <b>ever eaten</b> sushi? Yes, I <b>have</b> ./No, I <b>haven't</b> .	113	
<b>Would</b> you <b>rather</b> go hiking or stay at home? I'd <b>rather</b> go hiking.	113	



## I can do it!



### Get ready.

**A.** Complete the dialog using the statements from the box. Then listen and check.

- a** I've had it before.
- b** It's known for its spicy flavors.
- c** I'd rather try something new tonight.
- d** I've never had Korean food.
- e** Some of them are made out of metal.



**Dad:** Hey, Madison. What kind of restaurant would you rather go to tonight – Brazilian or Korean?

**Madison:** I don't know. I've tried Brazilian food, but <sup>1</sup>\_\_\_\_\_.

**Dad:** Oh, really? <sup>2</sup>\_\_\_\_\_.

**Madison:** What's it like?

**Dad:** It's delicious. <sup>3</sup>\_\_\_\_\_. And it usually comes with rice.

**Madison:** Sounds interesting. Do you use chopsticks to eat it?

**Dad:** Yes, a lot of Korean dishes are eaten with both chopsticks and a spoon. But Korean chopsticks are different from other ones.

**Madison:** How's that?

**Dad:** <sup>4</sup>\_\_\_\_\_.

**Madison:** Really? That's interesting, too.

**Dad:** So... what do you think – Brazilian or Korean?

**Madison:** <sup>5</sup>\_\_\_\_\_. Let's go to the Korean place!

**B.** Practice the dialog in **A** with a partner.

**C.** Ask and answer the questions with a partner.

- 1** Have you ever tried Brazilian food or Korean food?
- 2** How adventurous are you with new foods? Explain.
- 3** What's the most unusual food you've ever tried? What was it made of? Would you like to have it again? Why/Why not?

## Checkpoint | Units 7–9

### 3 Get set.



**STEP 1** Cut out the cards on page 137.



**STEP 2** Put the cards face-down and mix them up. Now you're ready to **Go!**

### 4 Go!

#### A. Game 1

Work in a small group. Take turns. The first student turns over one card. Ask the people in your group.



#### POINTS:

If no one says Yes, keep the card.

If one person says Yes, give the card to him/her.

If more than one person says Yes, ask: *When?* The person who did it first gets the card.

Continue until the cards are gone.

Try to be the person with the most cards at the end.

#### B. Game 2

First, match each card with the card that has the same beginning word. Then take turns asking questions. When you answer, give a reason.

Would you rather write a short story or an apology email for something you did wrong?



I'd rather write an apology email for something I did wrong. Writing a short story sounds hard to me.

C. Tell the class about some of the choices and reasons from your group.

1

2

3

4

5

6

7

8

9

## 5 Write about yourself in your notebook.

- What's the most adventurous thing you've ever done? Did you enjoy it? Why/Why not?
- Describe an unusual object you've seen before. Where's it from? What's it made of? What's it used for?

☐ ☐ ☐ ☐ ☐ ☐ ☐

### All About Me

Date: \_\_\_\_\_

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---

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## How well do I know it now?

### 6 Think about it.

A. Go to page 120. Look and circle again.

B. Check (✓).

☐ I can ask my teacher for help.



☐ I can practice.

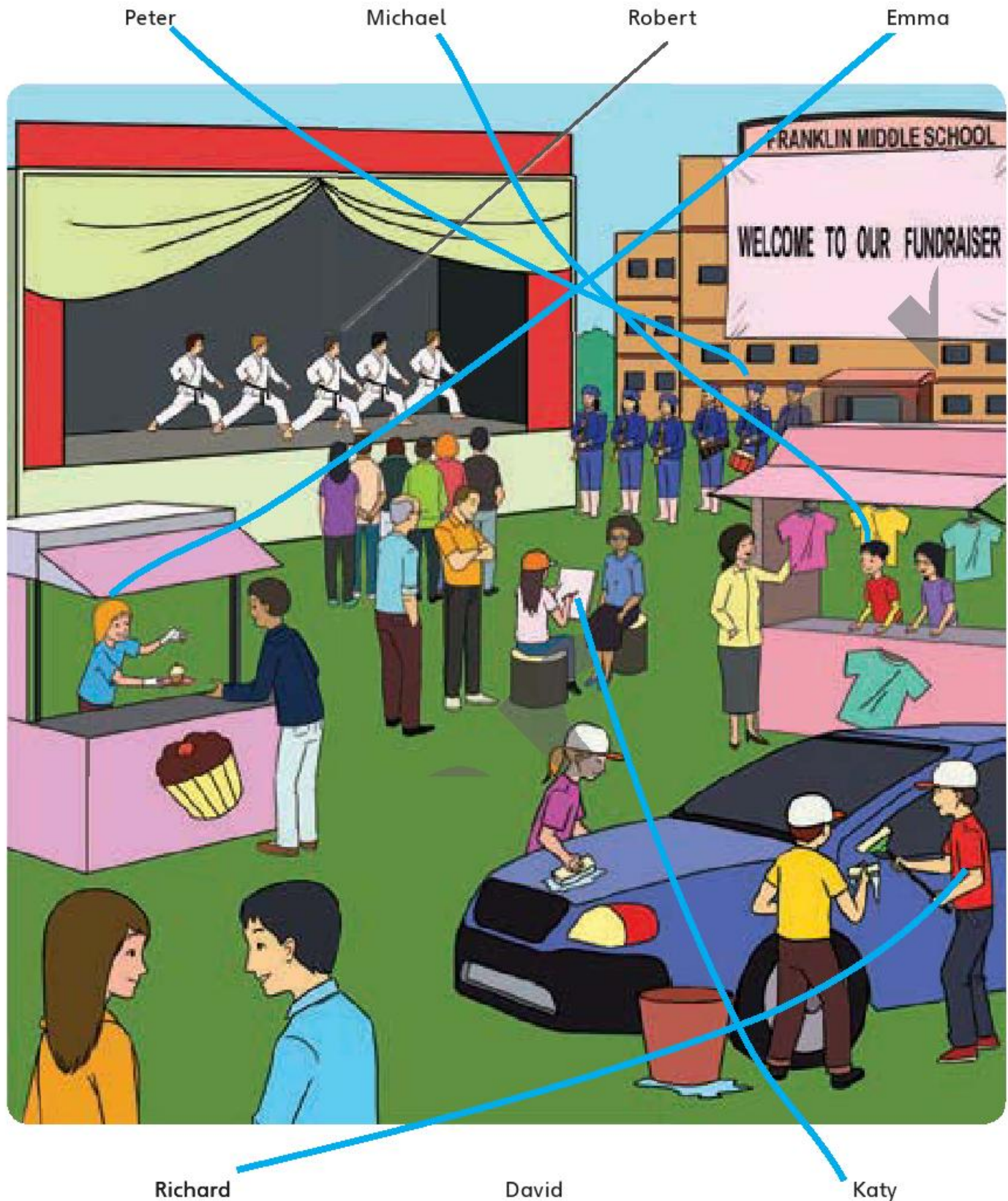
### 7 Rate this Checkpoint. Color.



– 5 questions –



Listen and draw lines. There is one example.

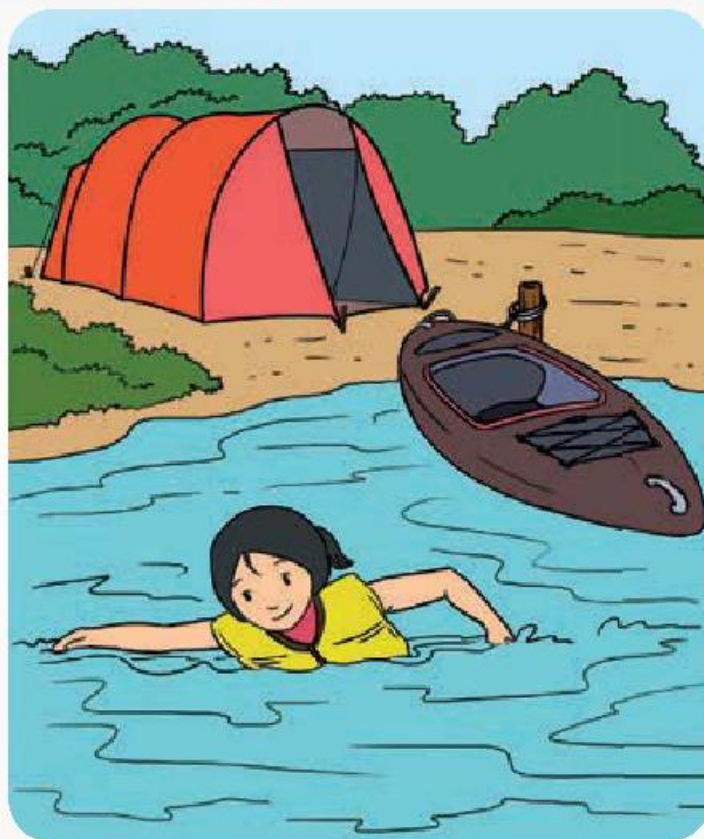


– 5 questions –



**Listen and write. There is one example.**

## Camp Greenfield



Where:

## in the Sierra Mountains

## 1 Activities:

swimming, kayaking

**2** How long:

**3 Cost:**

**4** When the next program begins:

## 5 What to bring:

– 5 questions –



What do the Martins and Browns like to do?  
Listen and write a letter in each box. There is one example.



Mrs. Martin



Mr. Brown



Kelly Martin



David Martin



John Brown



Cindy Brown



A



B



C



D



E



F



G



H

– 6 questions –

Read the story. Choose a word from the box. Write the correct word next to numbers 1–5. There is one example.



Mark and his classmates entered a contest at a science fair. The contest was to see which team could create the most useful invention. Mark's team created a (1) \_\_\_\_\_ that could vacuum an entire house. It could clean living room (2) \_\_\_\_\_, too. The judges were impressed, but the other team also had a good idea. They showed off an (3) \_\_\_\_\_ that could hold over 5,000 songs. Probably the most interesting thing about it was its source of power. It didn't use a (4) \_\_\_\_\_. It was (5) \_\_\_\_\_. The problem was, you had to leave it in the sun every day for three hours. The judges didn't think that was practical, so Mark and his team won.

invention	battery	speakers	spaceship	solar-powered
mp3 player	robot	laptop	radio	furniture

(6) Now choose the best name for the story.

Check one box.

Inventions Through History

☐

Two Heads Are Better Than One

☐

A Winning Idea

☐

– 10 questions –

Look and read. Choose the correct words and write them on the lines. There is one example.

	delicious	bracelet	graduate
aunt			
	She is your father's sister.	aunt	
	1 This group puts on plays. If you're an actor, you should try it!		
school band			
	2 If you're a musician and know how to play an instrument, this is the group for you.		insect repellent
actress			
	3 You'll do this after you finish all the grades at school.		
	4 You could write this to tell people about something your school club is doing to raise money.		drama club
silver			
	5 Earrings or necklaces are often made of this.		
	6 When something tastes really good, this is how it tastes.		an MP3 player
	7 Take this with you when you go hiking, so mosquitoes won't bite you.		
expensive			
	8 You can use this to listen to music, play games, or call someone.		a kayak
	9 You can ride in this kind of boat. It holds only one or two people.		
	10 We use this word to talk about something that costs a lot of money.		
an article	cake sale	a smartphone	

Find the differences

Candidate's copy



Information exchange



Out to dinner with Michael's family

What kind / restaurant	Chinese
What / having	hot and sour soup
What / made of	broth and vegetables
How / taste	delicious
Michael / ever tried	yes

Candidate's copy



Out to dinner with Emma's family

What kind / restaurant	?
What / having	?
What / made of	?
How / taste	?
Emma / ever tried	?